Apple iPhone Adobe not refreshing

If an Adobe page on your iPhone is not refreshing, it could be due to a few common issues: outdated Adobe app or iOS version, unstable internet connection, or problems with your Adobe account or browser caching issue. Troubleshooting steps include checking for updates, restarting your device, ensuring a stable internet connection, or clearing your caching and cookies

For Safari BROWSER:

- 1. **Open Settings:** Go to the Settings app on your iPhone.
- 2. Open APPS at bottom or setting page.
- 2. Find Safari: Scroll down and tap on "Safari".
- 3. Clear History and Website Data: Scroll down and tap on "Clear History and Website Data".
- 4. Select "All History"
- 4. **Confirm:** Tap "Clear History" again to confirm.

Closing all Apps manually:

- 1. Unlock iPhone
- 2. Pull up from the bottom of the iPhone and all OPEN apps will pop up.
- 3. Grab and slide each app up until it disappears.